



# *Trinity Trumpeter*

*One Community—United in Jesus' Name*

*February 2023*

## Lent and the Ember Days

Epiphany will be over before the end of the February and on the 22<sup>nd</sup> we will be entering the season of Lent. There will be a lot going on this month. First is our Winter Chicken BBQ on the 4th. The following Sunday, Feb 5th, is Scout Sunday. We can expect a full house as Troop 1910 and their families will join us along with Jeff Rozler, who has been recovering from a severe back injury. This will be a great day to celebrate with the Scouts and include them in our service. They will provide donuts at coffee hour along with the fellowship team for the day.

Shrove Tuesday is coming up, so we must jettison all our flour and baking powder (in days past leavened bread was not allowed and after 40 days of England's lovely weather (look outside) it was quite unusable. So that is why we eat pancakes, I doubt very much that in those days they had sausage, in fact, this was a day that the aristocracy distributed money amongst the poor.

This year Lent Madness begins with Ash Wednesday. So be sure to pick up your booklets and play along. Trinity is paying for the books this year, but there are a very limited number. Anyone can play online at [Lentmadness.org](http://Lentmadness.org). If you don't get along with confusers I will print out a small version of the brackets so you can play along. On Ash Wednesday there will be a service of the Imposition of Ashes at noon, and at 7 p.m. there will be a Eucharist with Ashes. I will be distributing "Ashes to Go" out in front of the church from 1 to 3 p.m.

There are three days this month that are seldom mentioned anymore. These are the Ember Days. The title is derived from a contraction of the Latin quattuor tempora, which means literally "four times." Four times each year, there are a series of three days, collectively known as the Ember Days. These days were originally associated with agriculture and the sowing, harvesting, and making of wine. People prayed and fasted in hopes of a successful and sustainable harvest. The stained glass window in the Narthex depicts some of these activities.

In recent times, the Ember Days have become a time for seminarians everywhere to sweat out a letter to their bishops telling them all their recent glowing accomplishments. One year someone wrote a program in which you filled in the blanks and it generated an Ember Day letter for you. It was hilarious! But given the prices at the market it might be a good idea to return to sober fasting and prayer in hopes of a good growing season. These Ember Days begin after Ash Wednesday, and include Wednesday, Friday, and Saturday in the week of February 26. If nothing else, stop and take a good look at how hard the people of Western New York have worked to sustain themselves over the years. May you be thankful for all your blessings in these Ember Days.

*Blessings*

*Shannon+*

## Warden's Corner



HAPPY NEW YEAR!

As we close the book on 2022 we wanted to recap a few things. This was our first post COVID year and we made great strides coming back to 'normal'. We are at the altar for eucharist, we heard the dulcet tones of our choir (if on a limited basis), we have a children's program for family Sundays and we have ushers and greeters once again.

From a facility standpoint we installed air conditioning in the sanctuary, we are now providing live-streaming of our services, we renovated the men's washroom and are finishing renovations to the ladies washroom.

We were able to provide so much outreach through the Produce Pantry, our in-house Food Pantry, Families in Action, our Mitten Tree contributions from the knitting group, blankets from the knitting group and much more!

We lost some dear friends: Isobel Jeffery, Janice Julian, Leslie Kintner, Sylvia Ryzdik, Marcia Walker, Caroline (Dolly) Westcott. Rest in peace in His arms.

The year ended with us being unable to worship together to celebrate the birth of our Savior, but we muddled through and 2022 is behind us. Now we move on.

There is much coming in the next few weeks, beginning with the Annual meeting on January 29, 2023. Your Vestry is providing lunch and I encourage all of you to attend.

February brings us the first of two chicken BBQ fundraisers on the 4th. Volunteers greatly appreciated! There will be Shrove Tuesday pancake supper on the 21st and two Ash Wednesday services on the 22nd - one at noon and one at 7 PM. There is a Lenten program planned with more details to follow.

More renovations are coming in 2023 including the siding of the garage and picnic shelter (already finished), and the completion of the women's washroom renovation.

We continue to support and take comfort in programs such as 'Discussion - The Gospel of John', and the 'Grief Share' program. We will continue, with your generous support, to provide significant outreach to our community and family.

Thank you for your support this past year. We are looking forward to a healthy, safe and spiritual 2023!

Maggie & Cami



**H**ooray!! The golf balls plugging the woodpeckers holes are gone. In fact, the woodpeckers are gone too!

The newly sided garage looks awesome! The front of the shelter has new siding on it too, it was taking such a beating from Mother Nature.





# The Children's Talk

by Susan Ciminelli

This time I begin with a personal story.

When I was in the seventh grade, I went to the junior/senior high school. There were students like me who had previously gone to different elementary schools in sixth grade and now were together in classes in seventh grade. We had to learn to know all these new kids because we were all mixed together.

One girl started pushing me as she past by me on the way to English class. I nearly dropped the heavy load of books I carried. I didn't say anything the first couple times, because I didn't even know her name. I listened and heard the teacher call her name - Luann Kirker.

The next time she pushed me, she said "Get outta my way, Bates" as she bumped into me. I was angry and I yelled back "Cut it out, Kirker". I didn't even know her, so why did she start doing this to me? Did I do something to her without realizing it? I worried that the problem would get worse. Among all these kids I didn't know, I wanted friends, not enemies. Seventh grade would be very difficult if I had to worry about a bully.

What could I do about this problem? Was Luann a bully? How might I get Luann to stop being mean to me? *(There could be lots of answers including inappropriate things like respond in a mean way.)*

Doesn't that make us a bully as well? *Remind them to think of how Jesus would want us to respond.* Jesus said the second commandment was to love one another. Is there a solution that would be kind? *(After they have shared their thoughts, continue.)*

Some of your ideas might work. But I had another problem. I was afraid of Luann.

One idea you had was to talk to an adult who loves us and we can trust, like our family. And that is a good idea when you are afraid. Who else loves you and will listen to what's in your heart? *(Jesus, God)*

When we trust in God, we know God is with us always and will listen to us when we have a heavy burden in our heart. What do I mean by a heavy burden? *(They might struggle with 'burden')*

If something is very heavy is it easy to carry around? *(No, it's very hard. Your muscles could get sore. You might hurt your back.)*

So what you're saying is carrying a heavy burden could be painful. *(Yes!)*

How does your heart feel when you are joyful? *(Light! I can float when my heart is happy.)*

So when you feel your heart is carrying a heavy burden, what kind of emotion might you feel? *(Sad, worried, angry, scared.)*

We recently told the story of The Nativity – which is the story of the birth of Jesus and all those who heard the good news of Christ's birth at that time.

Do you remember the first words the Archangel said to Mary or to the shepherds? *(Fear not! Do not be afraid!)*

This very same message is in the Bible many times.

I have printed three examples on individual papers. Either I read them or I have a child volunteer.

"Fear not, for I am with you; be not dismayed, for I am your God. I will strengthen you, I will help you, I will uphold you with my righteous right hand." *Isaiah 41:10*

"...For He has said, 'I will never leave you nor forsake you.' So we can confidently say, 'The Lord is my helper; I will not fear; what can man do to me?'" *Hebrews 13:5b-6*

"Cast your burden upon the LORD and He will sustain you; He will never allow the righteous to be shaken." *Psalms 55:22*

These are just a few, there are many more in the Bible. What do these words tell us about God? *(God tells us we can come to Him with our problems. We can trust God to be there for us when we need His help. He will listen and will help us.)* If the children struggle to put these into words, say the three statements as a question and the children can answer yes.

How do we tell God about the heavy burdens in our hearts? *(We talk to God when we pray.)*

Excellent – and next time we talk, I'll tell you how Jesus taught his disciples to pray AND how God helped me AND Luann.

Our live-streaming via Zoom and access information is displayed on our website: <https://trinityhamburg.org>

## Touching our community is an important part of Trinity's ministries.

A donation drive via Hamburg Hawks Hockey from Elderwood Skilled Nursing facility on Maelou Dr requesting donations for basic items many of their residence don't have prompted Trinity's involvement. They mentioned that warm blankets and warm socks are most welcomed. Mary Ellen Klein ( a member of our knitting group) and I made 12 fleece blankets and I delivered them 1/20/2023. It was so wonderful to see the gal taking them eyes light up when she say them. She couldn't thank Trinity enough and said the recipients of these will be so grateful. I promised her this won't be the last blanket drop! ~Linda Campbell



### FOOD PANTRY HOURS

**Anyone** in need is welcome to shop our in house food pantry.

Mondays, Tuesdays, Thursdays & Fridays 10 am—2pm

Wednesdays 5 pm—7 pm

Sundays 9 am –11 am

### Coming Soon!

*Watch your mailboxes for year end giving statements!*

### Giving Thanks to our Altar Guild

Preparing the Altar for the Holy Eucharist and the cleansing of the sacred vessels afterward.

Arrangement of flowers, care of candles, assisting with weddings, funerals & baptisms.

Changing the hangings to proper colors for Church seasons, special holy days, weddings, or funerals.

Polishing the silver vessels and dusting or polishing the brass, and an occasional “housekeeping” get-together to dust and polish the sanctuary furniture.

Remember that you are not doing these services just to help the clergy and other members of the Church, you are doing them for God. The Altar is His table; He is the Host, and it is a blessed privilege to have a share in its care and adornment.

It's quite a job and we appreciate their service!

Please Note: Cheryl's new office hours

Mondays, Tuesdays, Thursdays & Fridays from 10 am—3 pm  
If there is anything urgent, text her @ 716-435-1129



## To our Trinity Church Family (and anyone who wishes to come!)

Come and join our **Circle of Discussion** to see what fresh perspectives emerge from our reading and study of John's Gospel. In this study by Anglican theologian N. T. Wright, "we discover the clues John gives that we might see even more clearly the reality of who Jesus is, the new creation He inaugurates, and the difference that all makes."

Wednesdays 7 pm—8:30 pm

Study guides provided.

## GRIEF SUPPORT GROUP

Help and encouragement after the  
death of a loved one

GriefShare is a special weekly seminar and support group designed to help you rebuild your life. We know it hurts, and we want to help.

Every Friday 7:00pm – 9:00pm (gathering starts @ 6:30)  
January 06 - March 10  
Trinity Episcopal Church  
261 E Main St. Hamburg  
716-649-4320  
admin@trinityhamburg.org

GRIEF SHARE

## Winter's Chicken

# BBQ

Drive-thru only

Trinity Episcopal Church  
261 E Main St  
Hamburg, NY

Saturday, February 04, 2023 • 11 am - 4 pm or till sold out

Contact: Parish Office • Call: (716) 649-4320

• Email: admin@trinityhamburg.org

Tickets are \$14 each.

## THE CHOSEN

**The Chosen** is about the life of Christ creatively presented through the storytelling of inspired gospel accounts, added plausible details, and fleshed out biblical characters. Come and join us as we watch the biblical stories come alive through added backstories to well-known biblical characters who wrestle with the very same type of issues we all have to deal with today. The disciples have families and friends, have reputations to uphold, demonstrate a sense of humor, and struggle with finances and other daily concerns. Whether or not one has been exposed to the Bible, these dramatizations can promote spiritual growth, remind us that the Biblical accounts are more than just a story, and help us all know Jesus better and love Scripture more.

As we observe this Holy Lenten season, Trinity Episcopal will again host our mid-week Wednesday evening homemade Soup, Bread, and time of Meditation beginning Wednesday, March 1st and ending on April 5, 2023. Soup and bread will be served at 6 pm.

Following our Wednesday night time of fellowship and Lenten meal, we invite you to join us at 7 pm to view an episode of **The Chosen**, a contemporary film and biblical account of the life of Christ and His disciples. Watch the biblical world come alive through the eyes of a charismatic fisherman struggling with debt, a troubled woman wrestling with demons, and a gifted accountant ostracized from his family and people.

**Trinity Church Family:** For those who plan on providing soup or bread, please see the sign-up sheet in the Parish Hall.

# February 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 7 pm Boy Scouts 7 pm Circle of Discussion	<b>2</b> 10-2 Rev Shannon's office hrs 8:30 pm AA Meeting	<b>3</b> 7 pm GriefShare	<b>4 Chicken BBQ 11-4 or sold out</b> 9 – 11 am Boy Scout Advancement
<b>5 *SCOUT SUNDAY</b> 9 am HE Rite II 10 am Coffee Hour 7 pm AA Meeting	<b>6</b> 10 am Knitters 6:30 pm Cub Scouts	<b>07</b> 10-2 Rev Shannon's office hrs	<b>08</b> 7 pm Boy Scouts 7 pm Circle of Discussion	<b>09</b> 10-2 Rev Shannon's office hrs 8:30 pm AA Meeting	<b>10</b> 7 pm GriefShare	<b>11</b>
<b>12</b> 9 am HE Rite II 10 am Coffee Hour 7 pm AA Meeting	<b>13</b> 10 am Knitters 6:30 pm Cub Scouts	<b>14</b> 10-2 Rev Shannon's office hrs 6:30 pm GS 	<b>15</b> 7 pm Boy Scouts 7 pm Circle of Discussion	<b>16</b> 10-2 Rev Shannon's office hrs 8:30 pm AA Meeting	<b>17</b> 7 pm GriefShare	<b>18 PARISH HALL Reserved 12-4</b>
<b>19</b> 9 am HE Rite II 10 am Coffee Hour 10:30 am Vestry Meeting 7 pm AA Meeting	<b>20</b> 10 am Knitters 6:30 pm Cub Scouts	<b>21 Shrove Tuesday</b> 10-2 Rev Shannon's office hrs 5 pm—7 pm Pancake Dinner	<b>22 ASH WED Noon Service 7 pm Service</b> 7 pm Boy Scouts 7 pm Circle of Discussion	<b>23</b> 10-2 Rev Shannon's office hrs 8:30 pm AA Meeting	<b>24</b> 7 pm GriefShare	<b>25</b>
<b>26</b> 9 am HE Rite II 10 am Coffee Hour 7 pm AA Meeting	<b>27</b> 10 am Knitters 6:30 pm Cub Scouts	<b>28</b> 10-2 Rev Shannon's office hrs				

## \*SCOUT SUNDAY\*

Scout Sunday has been celebrated every year since 1910. This is an opportunity for units to attend services in uniform, conduct a flag ceremony, speak about Scouting, present religious awards and/or formally thank the chartering organization for their support throughout the year. They have been invited to participate in the service as lecturers, collectors or ushers. They will also be present and active during coffee hour.

Happy Birthday ~ February Birthdays ~ Happy Birthday

Maggie Campbell  
Pam Embler  
Lauren Gotsch

Emily Morrison  
Glen Kremers  
Frank Julian

Doreen Nuessle  
Gregg Nuessle