

**Sunday, Sept. 20, 2020**

## **Holy Distancing & Spiritual Communion**

### **The Word of God**

*A hymn, psalm, or anthem may be sung.  
The people standing, the Celebrant says*

Blessed be God: Father, Son, and Holy Spirit.  
*People* And blessed be his kingdom, now and for ever.  
Amen.

*The Celebrant may say*

Almighty God, to you all hearts are open, all desires known,  
and from you no secrets are hid: Cleanse the thoughts of our  
hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy Name;  
through Christ our Lord. *Amen.*

*When appointed, the following hymn or some other song of praise is  
sung or said, all standing*

Glory to God in the highest,  
and peace to his people on earth.

Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.

Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
    have mercy on us;  
you are seated at the right hand of the Father:  
    receive our prayer.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
    Jesus Christ,  
    with the Holy Spirit,  
    in the glory of God the Father. Amen.

## **The Collect of the Day**

*The Celebrant says to the people*

    The Lord be with you.

*People*    And also with you.

*Celebrant* Let us pray.

*The Celebrant says the Collect.*

*People* Amen.

## **The Lessons**

*The people sit. One or two Lessons, as appointed, are read,  
the Reader first saying*

## A Reading (Lesson) from Exodus 16:2-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, “If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.”

Then the LORD said to Moses, “I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. On the sixth day, when they prepare what they bring in, it will be twice as much as they gather on other days.” So Moses and Aaron said to all the Israelites, “In the evening you shall know that it was the LORD who brought you out of the land of Egypt, and in the morning you shall see the glory of the LORD, because he has heard your complaining against the LORD. For what are we, that you complain against us?” And Moses said, “When the LORD gives you meat to eat in the evening and your fill of bread in the morning, because the LORD has heard the complaining that you utter against him—what are we? Your complaining is not against us but against the LORD.”

Then Moses said to Aaron, “Say to the whole congregation of the Israelites, ‘Draw near to the LORD, for he has heard your complaining.’” And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, “I have heard the complaining of the Israelites; say to them, ‘At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.’”

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.

## A Reading (Lesson) from Philippians 1:21-30

To me, living is Christ and dying is gain. If I am to live in the flesh, that means fruitful labor for me; and I do not know which I prefer. I am hard pressed between the two: my desire is to depart and be with Christ, for that is far better; but to remain in the flesh is more necessary for you. Since I am convinced of this, I know that I will remain and continue with all of you for your progress and joy in faith, so that I may share abundantly in your boasting in Christ Jesus when I come to you again.

Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel, and are in no way intimidated by your opponents. For them this is evidence of their destruction, but of your salvation. And this is God's doing. For he has graciously granted you the privilege not only of believing in Christ, but of suffering for him as well-- since you are having the same struggle that you saw I had and now hear that I still have.

*After each Reading, the Reader may say*

The Word of the Lord.

*People* Thanks be to God.

*or the Reader may say* Here ends the Reading (Epistle).

***Silence may follow***

**Psalm 105:1-6, 37-45**

***Confitemini Domino***

- 1 Give thanks to the LORD and call upon his Name; \*  
make known his deeds among the peoples.
- 2 Sing to him, sing praises to him, \*  
and speak of all his marvelous works.
- 3 Glory in his holy Name; \*  
let the hearts of those who seek the LORD rejoice.

4 Search for the LORD and his strength; \*  
continually seek his face.

5 Remember the marvels he has done, \*  
his wonders and the judgments of his mouth,

6 O offspring of Abraham his servant, \*  
O children of Jacob his chosen.

37 He led out his people with silver and gold; \*  
in all their tribes there was not one that stumbled.

38 Egypt was glad of their going, \*  
because they were afraid of them.

39 He spread out a cloud for a covering \*  
and a fire to give light in the night season.

40 They asked, and quails appeared, \*  
and he satisfied them with bread from heaven.

41 He opened the rock, and water flowed, \*  
so the river ran in the dry places.

42. For God remembered his holy word \*  
and Abraham his servant.

43 So he led forth his people with gladness, \*  
his chosen with shouts of joy.

44 He gave his people the lands of the nations, \*  
and they took the fruit of others' toil,

45 That they might keep his statutes \*  
and observe his laws.  
Hallelujah!

*Then, all standing, the Deacon or a Priest reads the Gospel, first saying*

The Holy Gospel of our Lord Jesus Christ  
according to Matthew

**Matthew 20:1-16**

Jesus said, “The kingdom of heaven is like a landowner who went out early in the morning to hire laborers for his vineyard. After agreeing with the laborers for the usual daily wage, he sent them into his vineyard. When

he went out about nine o'clock, he saw others standing idle in the marketplace; and he said to them, 'You also go into the vineyard, and I will pay you whatever is right.' So they went. When he went out again about noon and about three o'clock, he did the same. And about five o'clock he went out and found others standing around; and he said to them, 'Why are you standing here idle all day?' They said to him, 'Because no one has hired us.' He said to them, 'You also go into the vineyard.' When evening came, the owner of the vineyard said to his manager, 'Call the laborers and give them their pay, beginning with the last and then going to the first.' When those hired about five o'clock came, each of them received the usual daily wage. Now when the first came, they thought they would receive more; but each of them also received the usual daily wage. And when they received it, they grumbled against the landowner, saying, 'These last worked only one hour, and you have made them equal to us who have borne the burden of the day and the scorching heat.' But he replied to one of them, 'Friend, I am doing you no wrong; did you not agree with me for the usual daily wage? Take what belongs to you and go; I choose to give to this last the same as I give to you. Am I not allowed to do what I choose with what belongs to me? Or are you envious because I am generous?' So the last will be first, and the first will be last."

Glory to you, Lord Christ.

*People*

*After the Gospel, the Reader says*

The Gospel of the Lord.

*People* Praise to you, Lord Christ.

## **The Sermon**

*On Sundays and other Major Feasts there follows, all standing*

## The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## **The Prayers of the People**

*The response is: Lord, have mercy*

### **Confession of Sin**

*he Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*The Bishop, when present, or the Priest, stands and says*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

## **The Peace**

*All stand. The Celebrant says to the people*

The peace of the Lord be always with you.  
*People* And also with you.

*Then the Ministers and People may bow to one another in the name of the Lord.*

## **The Holy Communion**

*The Celebrant may begin the Offertory with a sentence from Scripture.*

*During the Offertory, a hymn, psalm, or anthem may be sung.*

*Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.*

## **The Great Thanksgiving**

*Eucharistic Prayer A*

*The people remain standing. The Celebrant, whether bishop or priest, faces them and says*

The Lord be with you.

*People* And also with you.

*Celebrant* Lift up your hearts.

*People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

*Here a [Proper Preface](#) is sung or said on all Sundays.*

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

*The people stand or kneel.*

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus

Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

*At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

Christ has died.

Christ is risen.

Christ will come again.

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

And now, as our Savior  
Christ has taught us,  
We are bold to say,

Our Father, who art in heaven, hallowed by thy Name,  
thy kingdom come, thy will be done, on earth as it is in Heaven.  
Give us this day our daily bread, and forgive us our trespasses,

as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

*People and Celebrant*

## **The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept.*

*Then may be sung or said*

[Alleluia.] Christ our Passover is sacrificed for us;  
*Therefore let us keep the feast. [Alleluia.]*

*Facing the people, the Celebrant Places the Wafer into the monstrance*

*The ministers and people say together the following*

### ***O salutaris hostia***

O saving victim, opening wide  
The gate of heaven to us below;  
Our foes press hard on every side,  
Thine aid supply, they strength bestow.

All praise and thanks to thee ascend  
For evermore blest One in Three;  
O grant us life that shall not end  
In our true native land with thee.

*Tantum ergo*

Therefore we before him bending  
This great sacrament revere;  
Types and shadows have their ending,  
For the newer rite is here;  
Faith, our outward sense befriending,  
Makes the inward vision clear.

Gory let us give and blessing  
To the Father and the Son;  
Honour, might and praise addressing,  
While eternal ages run; Ever too his love confessing,  
Who from both, with both, is one.

*The Celebrant then says*

Let us pray.

*Celebrant and People*

Lord Jesus Christ,  
You gave us the Eucharist  
As the memorial of your suffering and death.  
May our worship of this sacrament of your body and blood  
Help us to experience the salvation you won for us  
And the peace of the kingdom where you live with  
the Father and the Holy Spirit, One God, for ever and ever.

## The Blessing

### A Prayer for Spiritual Communion

My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar.

I love you above all things, and long for you in my soul. Since I cannot receive you in the Sacrament of your Body and Blood, come spiritually into my heart.

Cleanse and strengthen me with your grace, Lord Jesus, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

*The Celebrant says the following as the congregation kneels or bows in reverence*

Blessed, praised and adored be Jesus in the most Holy Sacrament.

*The following praises are said by the Celebrant, and the people repeat:*

Blessed be God.

Blessed be His holy name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be his most sacred heart.

Blessed be his most precious blood.

Blessed be Jesus in the most holy sacrament of the altar.

Blessed be the Holy Spirit the Paraclete.

Blessed be Mary the Theotokos.

Blessed be her immaculate conception.

Blessed be Saint Joseph her spouse.

Blessed be God in all his angels and saints.  
Blessed and praised be Jesus Christ in the most holy sacrament.  
*Hosanna, hosanna, hosanna in excelsis.*

### **Concluding Collect**

Blessed, Hallowed, and adored  
Be Jesus Christ on his throne of glory  
And in the most holy sacrament of the altar.

*People* Thanks be to God. *Alleluia, alleluia.*